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In-N-Out Burgers is a West Coast institution. And one of the keys to their success has been keeping it simple. There are only four food items on the In-N-Out menu: Hamburger, Cheeseburger, Double-Double and French Fries. Dr. Lennerz completed medical school at Friedrich Alexander University in Germany in 2005. She did her pediatric residency at St. Louis Children's Hospital from 2006-2009, followed by a fellowship in pediatric endocrinology at Boston Children's Hospital from 2009-2011 and 2014-2015. Yahoo Lifestyle is your source for style, beauty, and wellness, including health, inspiring stories, and the latest fashion trends. A reader writes: I'd like to ask some advice about what to do regarding a coworker who I think is TOTALLY crossing personal boundaries. I work in an office that's made up primarily of women, but the issue is with this one man who will not keep his thoughts about everyone else's food choices to himself.